

# Williams Family Chiropractic

## Chiropractic Case History

Name \_\_\_\_\_ Sex ( ) Male ( ) Female Date \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone# Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_ Date Of Birth \_\_\_\_\_ Age \_\_\_\_\_  
Soc. Sec. # \_\_\_\_\_ Occupation \_\_\_\_\_ Employer \_\_\_\_\_  
Marital Status \_\_\_\_\_ Spouses Name \_\_\_\_\_  
Spouse's Occupation \_\_\_\_\_ Number of Children \_\_\_\_\_  
Have you ever received chiropractic care? ( ) Yes ( ) No Physical Therapy? ( ) Yes ( ) No  
If yes, when? \_\_\_\_\_ For what condition? \_\_\_\_\_  
How did you hear about this facility? \_\_\_\_\_

**Reasons for Seeking Chiropractic Care/Chief Complaint:** \_\_\_\_\_

Location of complaint \_\_\_\_\_

Complaint began when & how? \_\_\_\_\_

Please list any and all treatments that you have received for this complaint \_\_\_\_\_

What prescription or over the counter drugs are you now taking?

Medication \_\_\_\_\_ How much/long \_\_\_\_\_ Reason for taking \_\_\_\_\_

Medication \_\_\_\_\_ How much/long \_\_\_\_\_ Reason for taking \_\_\_\_\_

Medication \_\_\_\_\_ How much/long \_\_\_\_\_ Reason for taking \_\_\_\_\_

What Surgeries have you had?

Date \_\_\_\_\_ Type of surgery \_\_\_\_\_

Date \_\_\_\_\_ Type of surgery \_\_\_\_\_

Date \_\_\_\_\_ Type of surgery \_\_\_\_\_

### FEMALES ONLY

Are you currently pregnant ( ) Yes ( ) No If Yes, how many weeks? \_\_\_\_\_

Regarding previous pregnancies: Natural Birth? ( ) Yes ( ) No

Cesarean/C-section? ( ) Yes ( ) No

Forceps or extraction used? ( ) Yes ( ) No

Drugs administered during the delivery? ( ) Yes ( ) No

### HEALTH HISTORY

Did/Do you smoke? ( ) Yes ( ) No If yes, how much? \_\_\_\_\_

Did/do you drink alcohol? ( ) Yes ( ) No If yes, how much? \_\_\_\_\_ How often? \_\_\_\_\_

Do you exercise regularly exercise? ( ) Yes ( ) No If yes, how often? \_\_\_\_\_ What type? \_\_\_\_\_

Do you take vitamins or supplements? ( ) Yes ( ) No

How much sleep do you average per night? \_\_\_\_\_ hours

Description of activities related to your job \_\_\_\_\_

What Sports or recreational activities have you done in the past or present? \_\_\_\_\_

What sport injuries have you had? \_\_\_\_\_

Have you ever broken any bones? \_\_\_\_\_

Previous injury or trauma \_\_\_\_\_

### IN CASE OF EMERGENCY

Please contact \_\_\_\_\_ Relationship \_\_\_\_\_

Emergency Phone \_\_\_\_\_ Primary Care Physician \_\_\_\_\_

### CURRENT MEDICAL COMPLAINTS

Are you  Improved  Unchanged  Getting worse

#### BACK PAIN (Upper, Mid, Lower) (If none, leave this section 1-10, blank)

1. Currently I have pain in my  low back  mid back  upper back
2. My pain is described as  Dull ache/ stiffness  sharp  other \_\_\_\_\_
3. Currently my pain is  minimal  slight  moderate  severe
4. I have pain  sometimes  all the time  
If sometimes, it lasts \_\_\_\_\_ minutes/hours at a time and occurs \_\_\_\_\_ days per week
5. My pain low back pain goes into my  right leg  left leg  both  neither
6. I have tingling and/or numbness in my  right leg  left leg  both  neither
7. My low back pain is worse when I:  
(Check all that apply)  sit If yes, after how long? \_\_\_\_\_ minutes/ hours  
 stand If yes, after how long? \_\_\_\_\_ minutes/ hours  
 walk If yes, after how long? \_\_\_\_\_ minutes/ hours  
 bend  
 lift If yes, lifting what? \_\_\_\_\_  
 push/pull  
 other \_\_\_\_\_
8. My back pain wakes me up at night?  Yes  No
9. Do you have a bowel or bladder dysfunction as a result of this condition?  Yes  No
10. What makes the pain(s) feel better \_\_\_\_\_

#### NECK PAIN & HEADACHE (If none, leave this section 1-10, blank)

1. My pain is described as  dull ache/ stiffness  sharp  other \_\_\_\_\_
2. Currently my pain is  minimal  slight  moderate  severe
3. I have pain  sometimes  all the time  
If sometimes, it lasts \_\_\_\_\_ minutes/hours at a time and occurs \_\_\_\_\_ days per week
4. My pain goes into my  right arm  left arm  both
5. I have tingling and/or numbness in my  right arm  left arm  both
6. My neck pain is worse when I:  
(Check all that apply)  bend head forward  
 lift  
 pull/ push  
 turn my head  
 other \_\_\_\_\_
7. My neck pain wakes me up during the night  Yes  No
8. I have headaches  Yes  No If yes, on what part of the head are they? \_\_\_\_\_
9. If I do get headaches, they occur  all the time  sometimes, \_\_\_\_\_ days/wk
10. What makes the pain(s) feel better \_\_\_\_\_

#### FAMILY HISTORY

Please mark the following if found in immediate family or yourself:

	Self	Mother	Father	Sibling
Diabetes	_____	_____	_____	_____
High Blood Pressure	_____	_____	_____	_____
Heart Disease	_____	_____	_____	_____
Kidney Disease	_____	_____	_____	_____
Cancer	_____	_____	_____	_____
Arthritis	_____	_____	_____	_____
Other _____	_____	_____	_____	_____
Seizures	_____	_____	_____	_____
Metal Implants	_____	_____	_____	_____
Pacemaker	_____	_____	_____	_____

Describe any current complaints that were not previously covered on this questionnaire, or list any additional comments \_\_\_\_\_

I have read the above information and certify it to be true and correct to the best of my knowledge. I understand that it is my responsibility to inform this office of any changes to the information that I have provided.

\_\_\_\_\_  
Self, Parent or Guardian Signature

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date